★Shinjuku March Weekday Schedules★

| | | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
|--------------------|----------|-------|-------|-------|----------|--------------|----------|---------|--------------|----------|----------|---------|---------|
| Mon | Mira | | | | | | | | | Private | L3 | 入門 | Private |
| | Marie | | | | | | | | | Private | L2 | L1 | Private |
| | Leo | | | | | | | | | Private | 入門 | L3 | Private |
| | Natasia | | | | L1 | 入門 | 法人 | Private | Private | | L1 | L1 | Private |
| | Chris | | | | | | | | | | L1 | Private | L3 |
| | Monica | | | | L2 | Private | Private | Private | Private | | Private | L2 | Private |
| | Stani | | | | Private | Private | Private | Private | Private | | Private | Private | L1 |
| | Nicole | | | | | | | | | Private | Private | Private | Private |
| | Nicole | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
| | Abi | 10.00 | 11.00 | 12.00 | L2 | 入門 | 10.00 | 10.00 | 17.00 | 10.00 | 13.00 | 20.00 | 21.00 |
| - | Mira | | | | | Private | L1 | Drivete | Private | | 14 | 入門 | L2 |
| | Marie | | | | Private | Filvale | <u> </u> | Private | Filvale | Drivete | L1 L1 | L4 | |
| | | | | | | | | | | Private | | | Private |
| | Natasia | | | | | | | | | Private | L2 | L2 | Private |
| | Chris | | | | | | | | | Private | 入門 | L3 | L1 |
| Tue | Monica | | | | | | | | | Private | L4 | 入門 | Private |
| | Stella | | | | | | | | | Private | Private | L1 | L3 |
| | Jay | | | | Private | L1 | Private | Private | Private | | 入門 | Private | Private |
| | Kimberly | | | | | | | | | Private | Private | Private | Private |
| | Keanu | | | | Private | Private | Private | Private | Private | | L3 | Private | Private |
| | Michael | | | | | | | | | Private | Private | L2 | Private |
| | Leo | | | | | | | | | Private | Private | Private | Private |
| | | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
| | Abi | | | | Private | 入門 | | | | | | | |
| | Maya | | | | | | | | | Private | L3 | L3 | 入門 |
| | Mira | | | | L1 | L2 | Private | Private | Private | - muto | FT | L1 | Private |
| | Marie | | | | - | | Tilvate | Thvate | Thvate | L1 | 入門 | L1 | Private |
| | | | | | | | | | | E I | | | |
| | Leo | | | | | D 1 1 | | | D 1 1 | | L1 | 入門 | L4 |
| Wed | Natasia | | | | L3 | Private | Private | Private | Private | | L2 | Private | L2 |
| | Chris | | | | | | | | | | L2 | L2 | Private |
| | Stella | | | | | | | | | Private | Private | L2 | L3 |
| | Keanu | | | | Private | Private | Private | Private | Private | | Private | L1 | L1 |
| | Michael | | | | | | | | | Private | L3 | Private | Private |
| | Nicole | | | | | | | | | Private | Private | Private | Private |
| | | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
| | Abi | | | | 入門 | Private | | | | | | | |
| | Mira | | | | L3 | L4 | Private | Private | Private | | L3 | L2 | L2 |
| | Marie | | | | | | | | | Private | L1 | L3 | Private |
| | Sonia | | | | Private | L1 | Private | Private | | | | | |
| | Leo | | | | | | | - mate | | Private | Private | L1 | L2 |
| - | Chris | | | | | | | | | Private | L2 | Private | L1 |
| I _ , ⊢ | | | | | | L2 | | | | ····vato | | | |
| Thu | Jay | | | | Private | NEW | Private | Private | Private | | 入門 | L1 | L3 |
| | Monica | | | | Private | Private | Private | Private | Private | | L2 | 入門 | Private |
| | Kimberly | | | | | | | | | Private | L1 | Private | Private |
| | Keanu | | | | | | | | | Private | Private | FT | 入門 |
| | Stani | | | | | | | | | Private | L1 | Private | L4 |
| | Michael | | | | | | | | | Private | Private | Private | Private |
| | Georgia | | | | | | | | | Private | Private | Private | Private |
| | Georgia | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
| | Abi | 10.00 | 11.00 | 12.00 | L1 | L2 | 13.00 | 10.00 | 17.00 | 10.00 | 13.00 | 20.00 | 21.00 |
| ∎ ⊦ | | | | | | | | | | Drivete | 7.88 | 14 | Drivete |
| | Maya | | | | | | | | | Private | 入門 | L1 | Private |
| Fri 🕂 | Sonia | | | | | | | | | | L3 | L2 | Private |
| •••• | Natasia | | | | Private | Private | Private | Private | Private | | L1 | L3 | Private |
| | Stani | | | | Private | 入門 | Private | Private | Private | | Private | Private | Private |
| | Georgia | | | | Private | Private | Private | Private | Private | | Private | Private | Private |
| | | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
| | | | | | | | | | | | | | |

★Shinjuku March weekend schedules★

10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00

| Sat | Abi | | | | | | 入門 | | | | | | |
|-----|-----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|-------|-------|-------|
| | Maya | Private | Private | L1 | | L3 | L2 | 入門 | Private | Private | | | |
| | Paal | Private | L1 | 入門 | | Private | L1 | L1 | Private | Private | | | |
| | Marie | Private | L2 | L2 | | 入門 | Private | L3 | Private | Private | | | |
| | Leo | Private | L3 | Private | | L1 | Private | L2 | Private | Private | | | |
| | Chris | Private | L2 | L1 | | L2 | Private | L3 | Private | Private | | | |
| | Jay | Private | Private | L3 | | L4 | FT | Private | L1 | Private | | | |
| | Michael | Private | Private | Private | | Private | Private | Private | Private | Private | | | |
| | Nicole | Private | Private | Private | | Private | Private | Private | Private | Private | | | |
| | Georgia | Private | Private | Private | | Private | Private | Private | Private | Private | | | |
| | | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
| | Mira | Private | Private | | L1 | L2 | Private | 入門 | Private | | | | |
| | Sonia | | Private | | 入門 | Private | 入門 | L2 | Private | | | | |
| | Natasia | Private | Private | | L3 | Private | L2 | L3 | Private | | | | |
| | Jay | Private | Private | | Private | L4 | Private | L1 | Private | | | | |
| Sun | Monica | Private | Private | | Private | Private | L1 | Private | Private | | | | |
| | Stella | Private | Private | | Private | L1 | L3 | Private | Private | | | | |
| | Christina | Private | Private | | Private | Private | Private | Private | Private | | | | |
| | Keanu | Private | Private | | Private | Private | Private | Private | Private | | | | |
| | Stani | Private | Private | | Private | Private | Private | Private | Private | | | | |